

## BIO For Kat Cunningham



Kat Cunningham founded Moresource in 1994 via a Small Business Administration loan. The services of Moresource include human resources, payroll, benefits and benefits administration, IT managed services along with bookkeeping and a full service insurance agency to businesses in 38 states that range in size of one employee to one thousand, plus.

Through collaboration with several others she founded Abilities for Business. Abilities for Business is about spreading the word about hiring individuals with *different* abilities. We engage the business community with Dine & Development sessions, public speaking events (rotary, etc) and have created a web site for both employers and candidates from various advocate agencies to post and review resumes.

While Kat holds her undergraduate degree from Missouri State University and her Masters from University of Phoenix, she has also participated in leadership programs; Leadership Columbia, Leadership Jefferson City, Leadership Missouri and The Greater Missouri Leadership Challenge for Women.

She is extremely active in her community having raised in excess of five million dollars for various charities in Columbia and the surrounding areas. Her life commitment is to help families, children and individuals in need. Kat, named the 2010 Business Woman of the Year by the Columbia Daily Tribune and 2016 Citizen of the Year by the Columbia Chamber of Commerce is also passionate about positively impacting the lives of women through mentorship, encouragement and positive messaging.

She serves on a number of boards which include, to name a few; President of the Boone Hospital Foundation, Vice President of the Boy Scouts of America, Secretary of Crimestoppers, and a Board of Trustee for the Missouri History Museum in St. Louis. Some of the past boards she has served on include the Heart of Missouri United Way, Columbia Chamber of Commerce, the Mid Missouri Affiliate of Komen for the Cure and the Alzheimers Association.